



Brightwater
Inglewood

RESIDENTIAL AGED CARE



Welcome to Brightwater Inglewood

Welcome to Brightwater Inglewood, a contemporary aged care home located in one of Perth's inner suburbs.

Brightwater Inglewood brings together 120 years of experience and expertise to create a community, where you, your family and your friends will feel perfectly at home, while knowing you are receiving the best care and support.

Built on our expertise in best practice residential aged care, Brightwater Inglewood welcomes people with a range of different care needs. The new Brightwater Inglewood is located within Brightwater Central, a community campus that includes our head office, world-class Brightwater Research Centre and our established residential aged care home, The Village.

Nestled within beautiful gardens and overlooking parklands and a nearby golf course, Brightwater Inglewood is home to 128 residents in eight individual houses, across two levels.



Rooms at Brightwater Inglewood

Timber tones and earth based natural colours and textures make the bedrooms at Brightwater Inglewood feel warm, welcoming and homely.

The contemporary design includes fully fitted wardrobes and sheer and block out curtains. Each room is fitted with the latest care technology and a 43-inch wall-mounted television.

Your room also has fully accessible ensuite for all abilities, with modern full height tiles, discreet toilet rails and plenty of room to store toiletries.

Large floor-to-ceiling windows maximise the natural light and bring the outdoors in, with views of the surrounding parklands, golf course and suburban community. Some rooms have access to a shared balcony.

We encourage you to add personal touches to your room, with picture rails installed to hang photos and art, and a memory box at the entrance of each room to house special treasures.

You can feel confident that your room and ensuite have been designed to adapt to all levels of care needs, supporting you to live as independently as possible in your new home.





Life at Brightwater Inglewood

Your home

Based on the concept of a social model of care, Brightwater Inglewood has been designed with individual households, each home to a small community of just 16 residents with shared spaces where you and your family and friends can come together and connect.

The dining room of each home provides an intimate and homely meal experience, and opens out to the adjacent terrace area for alfresco dining in the warmer months.

Just like home, the open kitchen is a place where you can invite your friends and family to have a cup of tea, or even bake biscuits. The kitchen is fully accessible and has discreet safety features.

Whether it's watching the latest sports game, enjoying a book or playing checkers with friends, the lounge room provides a place to relax and unwind – with a large TV, comfortable furnishings and engaging views.

Keeping in mind future energy targets, over 22% of the electricity requirements of the home is powered by solar panels. And exceeding Australian standards, the heating, air conditioning and ventilation system is able to exhaust indoor air at a rapid rate, instantly bringing clean, fresh air in when required.







Meals

Brightwater Inglewood offers a regularly changing menu with a variety of tasty and nutritional meals, including some recognisable old favourites.



Every meal on the menu has been tested and approved by our dietitian and speech pathologists together with residents, to make sure that we provide tasty meals for all diet textures, and offer meals that meet the nutritional requirements for all of our residents, including those with dysphagia and chronic disease.

From traditional roasts to bangers and mash, to texture modified food that is full of flavour, there's something for everyone to enjoy.



Activities

Each home is part of a wider community at Brightwater Inglewood, and has access to the ground floor hairdresser, physio and gym room, common community areas including a café and lounge area, and landscaped gardens.



Both levels have an activity room, which is home to many of the complimentary activities that take place like bingo, arts and crafts and exercise groups, run by our experienced therapy assistants. Families are welcome to book the room for special celebrations like birthdays.



There is also a dedicated family lounge on level 2 with a kitchenette, which can be booked for smaller family gatherings.

Connected to nature



Key to the location of Brightwater Inglewood is the proximity to the Inglewood triangle, a small but significant pocket of bushland that is home to the area's natural flora and fauna.

This has inspired the design of Brightwater Inglewood, ensuring there are plenty of places to look out onto the treetops.

Visiting family and friends enter Brightwater Inglewood through the ground floor link, with a coffee cart, café tables and lounges.

You will be able to enjoy the courtyard gardens on level one, and each individual house has its own outdoor terrace and 'backyard in the sky'.

The Brightwater Central campus will also be home to landscaped gardens, walking pathways, a playground for visiting family and places to sit and reflect.



Supporting West Australians



Brightwater Care Group is a leading not-for-profit provider of agedcare, disability and retirement services that has been part of the Western Australian community for over 120 years.

We take the time to see our residents for who they are – their characters, their stories, their hopes and their dreams. Everyone deserves a better quality of life, and by keeping our residents at centre stage, we support them to live a colourful, connected and cared-for life.

Our dedicated Research Centre helps us discover new ways to enable wellbeing, collaborating with universities to find solutions to improve the quality of lives of our residents, with studies focused on brain health, ageing well, independence, dementia care and nutrition.

We are proud to welcome Brightwater Inglewood to our community of contemporary aged care, and look forward to welcoming you and your family.

Thrive • Connect • Belong



Brightwater Inglewood

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