

# Welcome to Brightwater Madeley



# Your home

Close to the Kingsway City Shopping Centre, Brightwater Madeley is a warm and welcoming home for a diverse group of residents, including those living with dementia.

Brightwater Madeley is backed by 120 years of experience in residential aged care and built on the concept of a social model of care. Co-located with the Kingsway Court retirement village, our not-for-profit aged care home features 110 private rooms all joined by open-plan social spaces, you'll be surrounded by beautiful outdoor areas providing plenty of fresh air, sunlight and solitude.

With Brightwater, care is never hard to come by. Our multi-skilled team includes nurses and therapists, all ready to accommodate complex needs like immobility, cognitive impairment and continence. And with behind-the-scenes support from the Brightwater Research Centre, wellbeing is always our top priority.

# Life at Madeley

Based on the concept of a social model of care, Brightwater Madeley has been designed with individual households. Each home to a small community with shared spaces where you, your family and friends can come together and connect.

Whether you want to get involved in our range of social activities or bask in the sunlight of our beautiful gardens, our team will always accommodate your preferences.

Community is key, so we're always adding activities and events to the agenda. Our onsite café, Maddie's Café is run by local volunteers and a great spot to meet with friends and family. With a range of activities organised by our dedicated therapy and allied health teams, there is something for everyone on the calendar.

Be a part of it all in our shared living areas or find a quiet corner whenever you like. Our rooms have familiar furnishings and décor to keep you cosy, with abundant lighting and views to keep you connected with nature.

We're proud to be part of an inclusive organisation. Brightwater Madeley welcomes people of all backgrounds. At Brightwater we celebrate differences and encourage you to discuss the matters that are important to you so that we can support, celebrate and commemorate either with you or by providing space for you.

And of course, family and friends are always invited.





#### Sample activity schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
am	Music thorapy	Paula	Floorgames	Demographica	Pur outings
	Music therapy	Bowls	Floor games	Pamper sessions	Bus outings
pm	<b>F</b>	<b>(</b> *)			
I	Chair yoga	Arts and crafts	Quiz and trivia	Bingo	Happy hour

## Meals



Brightwater Madeley offers a regularly changing menu with a variety of tasty and nutritional meals, including some recognisable old favourites.

Every meal on the menu has been tested and approved by our dietitian and speech pathologists together with residents, to make sure that we provide tasty meals for all diet textures and offer meals that meet the nutritional requirements for all of our residents, including those with dysphagia and chronic disease.

From traditional roasts to bangers and mash, to texture modified food that is full of flavour, there's something for everyone to enjoy.



#### Sample menu

#### main course

lunch



Braised Pork Steak in Honey and Orange Sauce, Potato Bake



Fish, Chips, Seasonal Salad, Tartare Sauce

#### main course

tea



Mushroom and Cheese Tart, Potato Bake



Crumbed Chicken, Jacket Potato, Seasonal Salad

#### sweets

#### soup



Mixed Berry Pavlova, Cream



Cream of Tomato



#### **Additional Services**

Additional services are also available to residents at an extra cost.

- Hairdressing salon
- Specialist equipment and assistive technology as required.



# Your room

Timber tones and earth based natural colours and textures make the bedrooms at Brightwater Madeley feel warm, welcoming and homely.

Each room is between 14m<sup>2</sup> and 16m<sup>2</sup>, making them the ideal size for one. You'll have your own ensuite bathroom and direct access to the lounge room and dining room, so you'll never be far from where you need to be.

You'll also have a Wi-Fi connection to keep in touch with family and friends, with any equipment and subscriptions at your own cost.

We encourage you to add personal touches to your room, with pictures, art, and special treasures. While each room offers all the essentials, we want you to make your room your own. Our Service Manager is happy to talk you through your options before making any adjustments.

You can feel confident that your room and ensuite have been designed to adapt to all levels of care needs, supporting you to live as independently as possible in your new home.

#### **Furniture & Bedding**

- Electric adjustable bed
- Pressure relieving mattress
- Linen and hypo-allergenic pillows
- Over-bed height adjustable table
- Lockable bedside drawers
- Built-in wardrobeOne visitor chair

#### **Extra Features**

- Nurse call points
- Wide doors for ease of mobility
- · Easy grip door and draw handles
- Individually controlled reverse-cycle air conditioning
- Bathroom grab rails of contrasting colour
- Bathroom cabinet behind mirror
- Window fitted with flyscreens and security screens
- Task spotlight above bed and recessed down lights



## Supporting West Australians

Brightwater Care Group is a leading not-for-profit provider of aged care, disability and retirement services that has been part of the Western Australian community for over 120 years.

We take the time to see our residents for who they are – their characters, their stories, their hopes and their dreams. Everyone deserves a better quality of life, and by keeping our residents at centre stage, we support them to live a colourful, connected and cared-for life.

Our dedicated Research Centre helps us discover new ways to enable wellbeing, collaborating with universities to find solutions to improve the quality of lives of our residents, with studies focused on brain health, ageing well, independence, dementia care and nutrition.

### **Thrive • Connect • Belong**



## Our locations

- Brightwater Oxford Gardens
   30 Regents Park Road, Joondalup, WA 6027
   61 residential beds
- 2 Brightwater Madeley 95 Imperial Circuit, Madeley, WA 6065 110 residential beds
- 3 Brightwater Birralee, Innaloo 155 Odin Road, Innaloo, WA 6018 30 residential beds + 30 transition care beds
- 4 Brightwater The Village 150 Dundas Road, Inglewood, WA 6052 55 residential beds including the Specialist Dementia Care Unit
- Brightwater Inglewood
   2A Walter Road West, Inglewood, WA 6052
   128 residential beds
- Brightwater Onslow Gardens
   39 Hamersley Road, Subiaco, WA 6008
   62 residential beds
- Brightwater Redcliffe
   23 Johnson Street, Redcliffe, WA 6104
   50 residential beds
- Brightwater The Oaks
  2-10 Oakwood Crescent, Waikiki, WA 6169
  61 residential beds
- 9 Brightwater South Lake 35 Hudson Drive, Dudley Park, WA 6210 131 residential beds



## Right by your side

At Brightwater, we're here for your next chapter.

Every story is unique and no matter the journey, we'll be here to guide you through.

So get in touch - we're only a phone call away.

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#### **Brightwater Care Group**

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