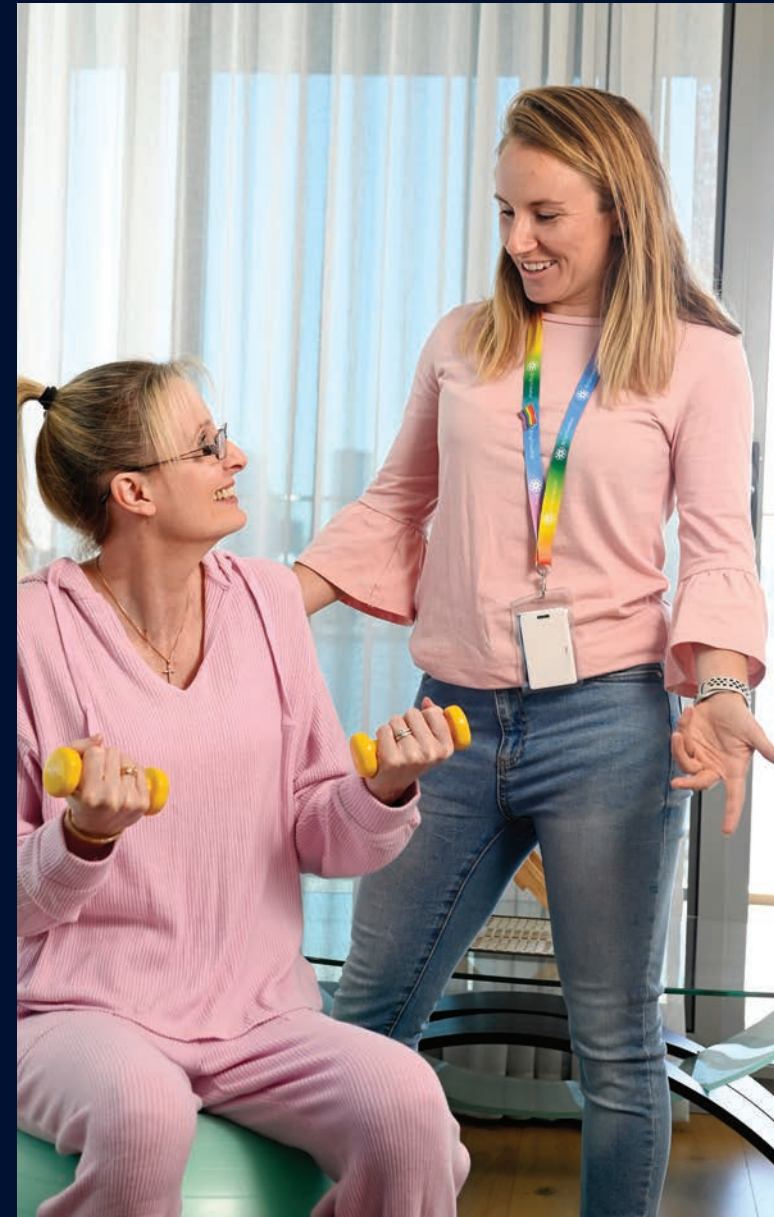




# Capacity Building

Therapy support for adults living with complex disability





## We provide:

- **Dietitian Services:** therapeutic diets (e.g. diabetes, dysphagia), mealtime difficulty, bowel health, weight, tube feeding.
- **Physiotherapy:** exercise, mobility, strength & balance treatment plans, falls prevention, hydrotherapy equipment.
- **Occupational Therapy:** individualised assessment, intervention and assistive technology scripting to support engagement in meaningful activities, seating/positioning, cognition, community participation and minor home modifications.
- **Speech Pathology:** dysphagia, mealtime management and equipment, communication therapy and supports including Augmentative and Alternative Communication.
- **Driving Assessments:** occupational therapy fitness to drive and potential to drive assessments for NDIS and Licensing Authority.
- **Functional Capacity Assessments (FCA):** assessing range of physical & cognitive abilities in performing everyday activities to determine the supports required to build independence.
- **Functional Independence Measure Assessments (FIM):** assesses six areas of function (Self-care, Sphincter control, Transfers, Locomotion, Communication and Social cognition), which fall under two Domains (Motor and Cognitive).
- **Positive Behaviour Support:** specialist assessment, behaviour support plans, improved relationships, identify & address restrictive practices.
- **Psychology:** improve motivation, develop independence, resilience & decision-making skills as they relate to disability & goals.

**We work with adults who have complex needs and those who can benefit from our 'wrap around' services. We prioritise communication and working together with you.**

## What we do best:

We provide services for adults with complex disabilities. If you, or the person you care for, has an acquired or neurological disability, physical disability or psychosocial disability, we're here to support you. This can include:

- Acquired brain injury
- Stroke
- Younger Onset Dementia
- Huntington's disease
- Parkinson's disease
- Multiple sclerosis
- Damage to the brain caused by substance misuse or disease
- Mental health conditions & behaviours
- Physical disability

## Our expertise:



### Therapy services – skills for living

Goal based therapy, neurological & physical.



### Behavioural assessment & support

Do behaviours of concern impact you or your loved ones well being or quality of life?



### Equipment & assistive technology

Providing equipment including customized wheelchairs, alternative seating, hoists, personal and pressure care equipment.

## About us

Brightwater is a not-for-profit organisation, supporting ageing people and people living with neurological, psychosocial and other complex disabilities to live a more independent life. We support people whose lives aren't always easy. We don't simply aim to make their lives better. We aim to help people to live their best possible lives, whatever that means to them.

We work with the National Disability Insurance Scheme, Insurance Commission of Western Australia and Disability Support for Older Australians and fee for services.

To make a referral or discuss our services, please contact:

✉ [cbreferrals@brightwatergroup.com](mailto:cbreferrals@brightwatergroup.com)

☎ 1300 223 968

