

## Dementia Support Organisations and Services

### **Dementia Australia**

[www.dementia.org.au](http://www.dementia.org.au)

Wide range of resources, courses, counselling and support, including post diagnostic support to assist with accessing NDIS funding.

- Helpline: 1800 100 500 | Monday to Friday, 8:00am - 8:00pm (except public holidays)

#### **Specific links:**

- Younger Onset Dementia Hub: [yod.dementia.org.au/](http://yod.dementia.org.au/)
- Family engagement counselling for YOD: [www.dementia.org.au/get-support/family-engagement-counselling-younger-onset-dementia](http://www.dementia.org.au/get-support/family-engagement-counselling-younger-onset-dementia)
- Counselling support: [www.dementia.org.au/get-support/counselling](http://www.dementia.org.au/get-support/counselling)
- Post-diagnostic Support: [www.dementia.org.au/get-support/post-diagnostic-support](http://www.dementia.org.au/get-support/post-diagnostic-support)
- Dementia Guide: [www.dementia.org.au/get-support/dementia-guide](http://www.dementia.org.au/get-support/dementia-guide)
- Free access to digital books and resources: [www.dementia.org.au/get-support/dementia-australia-library](http://www.dementia.org.au/get-support/dementia-australia-library)

### **Alzheimer's WA**

[www.alzheimerswa.org.au/](http://www.alzheimerswa.org.au/)

Provide services, support, advocacy, resources education and training for people living with Dementia and their families

- Phone: 1300 66 77 88

### **Dementia Support Australia**

[www.dementia.com.au](http://www.dementia.com.au)

Support for navigating changes in behaviour related to dementia

- Helpline: 1800 699 799 | (24 hours a day, 7 days a week)

### **McCusker Nurse**

[www.amanaliving.com.au/other-care-services/dementia-care/mccusker-nurse](http://www.amanaliving.com.au/other-care-services/dementia-care/mccusker-nurse)

Free service provided by experienced registered nurses, specialising in dementia, who can provide home visits and offer advice, support and reassurance; accurate information on resources available to you; and guide you to the dementia services most likely to help you.

- Email: [mccuskernurse@amanaliving.com.au](mailto:mccuskernurse@amanaliving.com.au)
- Phone: (08) 9424 6396

### **Forward with Dementia Website**

[www.forwardwithdementia.org](http://www.forwardwithdementia.org)

A resource following a diagnosis of Dementia for up-to-date information from clinicians and researchers, practical suggestions and stories from people with dementia and carers, and tools for people manage living with dementia.

### **Young Dementia Network WA**

Established in 2017, the Network has been shaped by a core group of carers to facilitate sharing of information, resources, lived experiences, support and practical help, social connection, and meet ups through events and other activities.

- Private Facebook page - to request to join, click on the link and answer the questions [www.facebook.com/groups/130789124306677/](http://www.facebook.com/groups/130789124306677/)
- [www.dementia.org.au/get-involved/dementia-friendly-communities/dementia-friendly-community-groups/young-dementia](http://www.dementia.org.au/get-involved/dementia-friendly-communities/dementia-friendly-community-groups/young-dementia)
- Contact: Vicki Barry | Phone: 0409 045 373 | Email: [vicki.barry21@iinet.net.au](mailto:vicki.barry21@iinet.net.au)

## Diagnostic Services

### **Neurosciences Unit - North Metropolitan Health Services**

[www.nmhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Specialties/Neuro](http://www.nmhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Specialties/Neuro)

The Neurosciences Assessment and Care Clinic (NACC) is an assessment and clinical management program for patients with a diagnosed or strongly suspected young-onset neurodegenerative condition (age of onset below age 65). Referrals into this clinic are for Neurology review. If considered relevant to the clinical management, patients may subsequently also be eligible to access input from Psychiatry, Social Work, Speech Pathology, and Clinical Neuropsychology.

- Phone: (08) 6159 6464
- Fax: (08) 9385 6813
- Email: [Graylands.Neurosciences@health.wa.gov.au](mailto:Graylands.Neurosciences@health.wa.gov.au)
- Location: Neurosciences Unit, Cnr Mooro Drive & John XXIII Avenue, Mount Claremont WA 6010

### **Private Neurology Services**

Discuss with GP options for a Private Dementia Nurse with experience in Younger Onset Dementia.

## Nursing Services

### **Neurological Council of WA - Neurocare Nurse**

[www.ncwa.com.au/help-for-you/ndis](http://www.ncwa.com.au/help-for-you/ndis)

Community neurological nurses providing high quality, patient-centred neurological nursing and health care navigation services to people of all ages living with any neurological condition or symptoms.

- Phone: 1800 645 771
- Email: [hello@ncwa.com.au](mailto:hello@ncwa.com.au)

### **Private Dementia Specialist Nurses**

Discuss with GP options for a Private Neurologists with experience in Younger Onset Dementia.

## Support for Carers

### **Carers WA**

[www.carerswa.asn.au/](http://www.carerswa.asn.au/)

Services include the provision of specialist information and advice, resources, carer support, counselling and respite.

- Carers WA General Line: 1300 227 377
- Carer Gateway Services: 1800 422 737

## Continence Services

### **Therapy Focus – Community Aged Care Continence Services**

[www.therapyfocus.org.au/our-services/specialist-services/continence-toilet-training/](http://www.therapyfocus.org.au/our-services/specialist-services/continence-toilet-training/)

Bladder and Bowel Health Program focuses on prevention and management of bladder and bowel health issues, with qualified health professionals providing advice, assessment and continence management strategies.

- Phone: 1300 135 373

## Information for Children about Dementia

### **Dementia in my Family website**

[dementiainmyfamily.org.au/](http://dementiainmyfamily.org.au/)

Online and interactive resources for children of all ages about Dementia and suggestions for relevant books

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### **Brightwater Resource for children and adolescents of people living with YOD**

[brightwatergroup.com/research/current-completed-research/keeping-us-in-mind](http://brightwatergroup.com/research/current-completed-research/keeping-us-in-mind)

## Dementia Enabling Environments

### **Dementia Enabling Environments Project**

[www.enablingenvironments.com.au](http://www.enablingenvironments.com.au)

Virtual Information Centre provides practical tips, guides and resources.

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### **Adapting Your Home Free guide and checklist**

[www.enablingenvironments.com.au/downloads.html](http://www.enablingenvironments.com.au/downloads.html)

DEEP (Alzheimer's WA)

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### **My home, my life book**

[www.hammond.com.au/shop/dementia-and-aged-care/my-home-my-life](http://www.hammond.com.au/shop/dementia-and-aged-care/my-home-my-life)

Practical ideas for people with dementia and carers. Colm Cunningham, Natalie Duggan & Agnes Houston.  
Available through Hammond Care for \$19.99

## Dementia and Sensory Changes

### **Talking Sense book**

[www.dementiacentre.com/resources/resource-category-2/74-talking-sense?filter\[tag\]\[\]=dementia-and-aged-care](http://www.dementiacentre.com/resources/resource-category-2/74-talking-sense?filter[tag][]=dementia-and-aged-care)

Living with sensory changes and dementia. Agnes Houston & Julie Christie. Free download or hard copy available.

### **Understanding Sensory Changes in Dementia video**

[m.youtube.com/watch?v=KHUijkp-kj0](https://m.youtube.com/watch?v=KHUijkp-kj0)

## Falls Prevention

### **Stay on Your Feet**

[www.injurymatters.org.au/programs/stay-on-your-feet/](http://www.injurymatters.org.au/programs/stay-on-your-feet/)

Falls prevention resources.

- Phone: 08 6166 7688
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## Community Safety

### Safe & Found WA

[www.safeandfound.org.au](http://www.safeandfound.org.au)

An initiative introduced by Western Australia Police Force (WA Police Force) and Australia Medic Alert Foundation that supports people living with dementia or a cognitive impairment who might be at risk of becoming lost or reported as missing, by ensuring Police have immediate access to critical information to assist when undertaking search operations.

### Assistive Technology - Indigo

[www.indigosolutions.org.au](http://www.indigosolutions.org.au)

Specific advice for up-to-date technology (mobile personal pendant, GPS tracking devices etc) can be accessed through Indigo in Perth who offer a free 30-minute phone consultation.

- Email: [help@indigosolutions.org.au](mailto:help@indigosolutions.org.au)
- Phone: 9381 0600
- Address: The Niche, Suite A, 11 Aberdare Road, Nedlands, WA, 6009 (Entrance on Hospital Ave.)

## Dementia Activity Resources

### Activities for Care

[activitiesforcare.com.au/](http://activitiesforcare.com.au/)

### Dementia Shop Australia

[dementiashop.com.au/product/montessori-methods-for-dementia/](http://dementiashop.com.au/product/montessori-methods-for-dementia/)

## Dementia Education

### Wicking Centre, University of Tasmania

[mooc.utas.edu.au/](http://mooc.utas.edu.au/)

- Free online courses
- Understanding Dementia Course
- Preventing Dementia Course

### Dementia Training Australia

[dta.com.au/](http://dta.com.au/)

Dementia courses and resources

### Dementia Australia

Dementia Australia Courses and Groups for people living with Dementia, families and carers

- [www.eventbrite.com.au/o/dementia-australia-6584917001](http://www.eventbrite.com.au/o/dementia-australia-6584917001)
- [www.dementia.org.au/professionals/professional-development-and-training/courses](http://www.dementia.org.au/professionals/professional-development-and-training/courses)

Updates and suggestions to this list are very welcome. Please send them to:

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Brightwater