



Welcome to **Brightwater** **Onslow Gardens**



Your **home**

Right in the heart of Subiaco, Brightwater Onslow Gardens is a warm and welcoming home for a diverse group of residents.

Brightwater Onslow Gardens is backed by 120 years of experience in residential aged care and built on the concept of a social model of care. With 58 private rooms and 2 shared rooms all joined by open-plan social spaces, you'll be surrounded by beautiful outdoor areas providing plenty of fresh air, sunlight and solitude.

With Brightwater, care is never hard to come by. Our multi-skilled team includes nurses and therapists, all ready to accommodate complex needs like immobility, cognitive impairment and continence. And with behind-the-scenes support from the Brightwater Research Centre, wellbeing is always our top priority.

Life at Onslow Gardens

Based on the concept of a social model of care, Brightwater Onslow Gardens has been designed with individual households. Each recently refurbished house is home to a small community with shared spaces where you, your family and friends can come together and connect.

Whether you want to get involved in our range of social activities or bask in the sunlight of our beautiful gardens, our team will always accommodate your preferences. As the original site of the Homes of Peace, Onslow Gardens has an original piano and wheelchair from the early 1900s. Including lush and tranquil established gardens, Onslow Gardens creates an oasis of calm in the middle of bustling Subiaco.

Community is key, so we're always adding activities and events to the agenda. Visiting entertainers are a big hit, while our hair salon is always popular for pampering. There is a vibrant, social community taking part in the range of activities, including a competitive bingo competition and fish and chips Fridays.

Be a part of it all in our shared living areas or find a quiet corner whenever you like. Our refurbished rooms have familiar furnishings and décor to keep you cosy, with abundant lighting and views to keep you connected with nature.

We're proud to be part of an inclusive organisation. Brightwater Onslow Gardens welcomes people of all backgrounds. At Brightwater we celebrate differences and encourage you to discuss the matters that are important to you so that we can support, celebrate and commemorate either with you or by providing space for you.

And of course, family and friends are always invited.



Sample activity schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
am	 Music therapy	 Bowls	 Floor games	 Pamper sessions	 Bus outings
pm	 Chair yoga	 Arts and crafts	 Quiz and trivia	 Bingo	 Happy hour

Meals



Brightwater Onslow Gardens offers a regularly changing menu with a variety of tasty and nutritional meals, including some recognisable old favourites.

Every meal on the menu has been tested and approved by our dietitian and speech pathologists together with residents, to make sure that we provide tasty meals for all diet textures and offer meals that meet the nutritional requirements for all of our residents, including those with dysphagia and chronic disease.

From traditional roasts to bangers and mash, to texture modified food that is full of flavour, there's something for everyone to enjoy.



Sample menu

main course

lunch



Braised Pork Steak in Honey and Orange Sauce, Potato Bake



Fish, Chips, Seasonal Salad, Tartare Sauce

main course

tea



Mushroom and Cheese Tart, Potato Bake



Crumbed Chicken, Jacket Potato, Seasonal Salad

sweets

soup



Mixed Berry Pavlova, Cream

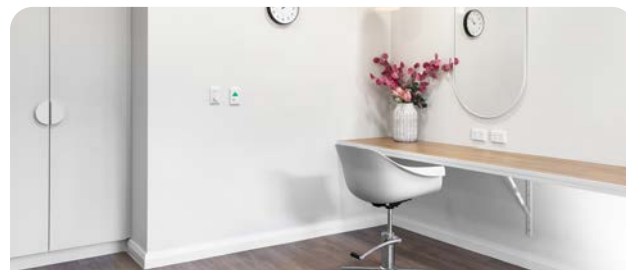


Cream of Tomato

Additional Services

Additional services are also available to residents at an extra cost.

- Hairdressing salon
- Wi-Fi availability
- Specialist equipment and assistive technology as required.





Your room

Timber tones and earth based natural colours and textures make the bedrooms at Brightwater Onslow Gardens feel warm, welcoming and homely.

Our private rooms are 16m², making them the ideal size for one while our shared rooms are over 31.5m². You'll have your own ensuite bathroom and direct access to the lounge room and dining room, so you'll never be far from where you need to be. The bedrooms at Onslow Gardens are large enough to allow for some personal furniture, to enhance their homeliness.

You'll also have a Wi-Fi connection to keep in touch with family and friends, with any equipment and subscriptions at your own cost.

We encourage you to add personal touches to your room, with pictures, art, and special treasures. While each room offers all the essentials, we want you to make your room your own. Our Service Manager is happy to talk you through your options before making any adjustments.

You can feel confident that your room and ensuite have been designed to adapt to all levels of care needs, supporting you to live as independently as possible in your new home.

Furniture & Bedding

- Electric adjustable bed
- Pressure relieving mattress
- Linen and hypo-allergenic pillows
- Over-bed height adjustable table
- Lockable bedside drawers
- Built-in wardrobe
- One visitor chair

Extra Features

- Nurse call points
- Wide doors for ease of mobility
- Easy grip door and draw handles
- Individually controlled reverse-cycle air conditioning
- Bathroom grab rails of contrasting colour
- Bathroom cabinet behind mirror
- Window fitted with flyscreens and security screens
- Self-adjusted window coverings
- Reading light and recessed down lights



Supporting **West Australians**

Brightwater Care Group is a leading not-for-profit provider of aged care, disability and retirement services that has been part of the Western Australian community for over 120 years.

We take the time to see our residents for who they are – their characters, their stories, their hopes and their dreams. Everyone deserves a better quality of life, and by keeping our residents at centre stage, we support them to live a colourful, connected and cared-for life.

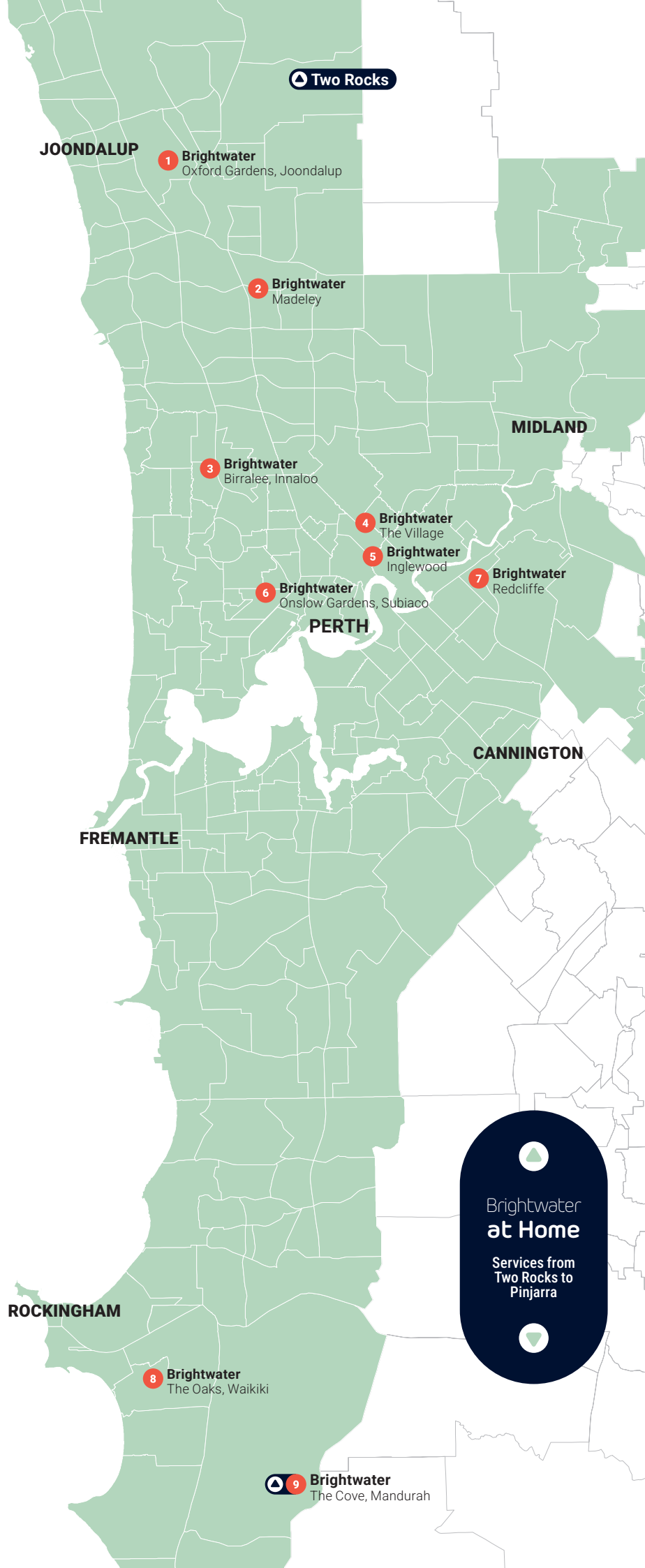
Our dedicated Research Centre helps us discover new ways to enable wellbeing, collaborating with universities to find solutions to improve the quality of lives of our residents, with studies focused on brain health, ageing well, independence, dementia care and nutrition.

Thrive • Connect • Belong



Our locations

- 1 Brightwater Oxford Gardens**
30 Regents Park Road, Joondalup, WA 6027
61 residential beds
- 2 Brightwater Madeley**
95 Imperial Circuit, Madeley, WA 6065
110 residential beds
- 3 Brightwater Birralee, Innaloo**
155 Odin Road, Innaloo, WA 6018
30 residential beds + 30 transition care beds
- 4 Brightwater The Village**
150 Dundas Road, Inglewood, WA 6052
55 residential beds including the Specialist Dementia Care Unit
- 5 Brightwater Inglewood**
2A Walter Road West, Inglewood, WA 6052
128 residential beds
- 6 Brightwater Onslow Gardens**
39 Hamersley Road, Subiaco, WA 6008
62 residential beds
- 7 Brightwater Redcliffe**
23 Johnson Street, Redcliffe, WA 6104
50 residential beds
- 8 Brightwater The Oaks**
2-10 Oakwood Crescent, Waikiki, WA 6169
61 residential beds
- 9 Brightwater South Lake**
35 Hudson Drive, Dudley Park, WA 6210
131 residential beds



Brightwater
at Home

Services from
Two Rocks to
Pinjarra

Right by **your side**

At Brightwater, we're here for your next chapter.

Every story is unique and no matter the journey, we'll be here to guide you through.

So get in touch – we're only a phone call away.

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Brightwater Care Group

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At Home | Residential | Disability | Retirement