



Brightwater

We see what others don't



Disability  
support

# the who, the what & the why

## ✓ **Specialist support for complex needs**

With years of clinical experience under our belts, we're experts in supporting adults with neurological and acquired disabilities.

## ✓ **A holistic approach to health**

Our support workers are backed by a multi-skilled team including physiotherapists, occupational therapists, social workers, psychologists, speech pathologists and more.

## ✓ **Not-for-profit since 1901**

For over 100 years, we've been there for West Australians from all walks of life. With humble beginnings in Subiaco, today we're found all over Perth.

## ✓ **Care is at our core**

Not only are we one of WA's most experienced disability support providers; we also help seniors at home, in residential care and in retirement villages.

## ✓ **A responsibility for research**

We're dedicated to delivering better outcomes. The Brightwater Research Centre is focused on finding innovative ideas that improve wellbeing.

## ✓ **95% customer satisfaction**

As a not-for-profit provider, we put you first. Our clients are what it's all about, so we're always keen to hear your comments, concerns or compliments.

# Unlock your potential

**Life can be complicated, especially with a complex disability.**

We support adults with acquired or progressive neurological disabilities, including:

- Brain injury including stroke
- Huntington's disease
- Parkinson's disease
- Multiple sclerosis
- Early onset dementia



With some of WA's brightest health professionals on board, you're in good hands with Brightwater. As early innovators in brain injury rehabilitation, we've applied years of experience and know-how to support thousands across the country.

Working with you to regain and maintain your independence is what we do best. Together, we'll put the spotlight on the possibilities, empowering you to live your life, your way.

# NDIS services

**Eligible for the NDIS? Then we've got your back. Our NDIS registered services will not only help you set your sights on a goal – they'll help you get there, too.**



## Tip!

Still need to get funded? Before you get the ball rolling, get in touch. We have a great range of pre-planning tools that will help prepare you for the next steps.



## Specialist Support Coordination

We believe in making the most of every opportunity. With a Specialist Support Coordinator by your side, you can quickly get your head around the NDIS and really maximise the benefits of your unique plan.

### *We can help you:*

- Use your funding in the best possible way
- Explore services and activities that suit you
- Coordinate, manage and review your plan
- Work through other service systems like health and education



## Skills for Living – Therapy Services

You've got goals, and we're here to help you reach them. Our therapy team will put a tailor-made plan in action, so you can gain or relearn the skills you need to live your best life.

### *We can help you:*

- Live more independently in your own home
- Find a job and manage your money
- Get involved in activities and make new friends



## Equipment & Assistive Technology

Everyone deserves the chance to be more independent. There are plenty of aids and tools out there that can make life that much better – and we're keen to help you find them.

### *We can help you:*

- Explore and price up your options
- Make a decision based on your needs and goals
- Correctly set up and use your new equipment



## Behavioural Assessment & Support

Challenging behaviours can be difficult for everyone to deal with. Our team of social workers and psychologists are trained to help you and your loved ones work through them.

### *We can help you:*

- Understand behaviour triggers
- Learn new ways to manage situations
- Reconnect with the people you care about

# Brain Injury Rehabilitation

**The human brain has the ability to rewire itself, changing and adapting as a result of our experiences. Modern science calls this phenomenon neuroplasticity.**

The Oats Street brain injury rehabilitation program was born from the notion that the brain can get back on track. While even the mildest injury can result in life long effects, rehabilitation can help you maximise your recovery and adapt to your new journey.

Step by step, you'll work your way through Oats Street – a purpose-built, transitional rehabilitation centre\* in East Victoria Park.

## ***We can help you:***

- Explore what your brain can do for you
- Relearn important life skills
- Increase your independence by reducing your need for support
- Hit new milestones one step at a time

Starting with fully supported accommodation, you'll graduate to the next phase of the program as you reach your goals. Since good things take time and commitment, you could be with us for 12 to 18 months, moving from house to house as you become more independent.

Everyone's recovery is different. We'll take you as far as you can go before helping you transition back into the community. If you move into our independent living units, it means you've reached the final phase of the program.

*\*In some cases, we can also provide rehabilitation in your own home.*



“

If I didn't have the time I was in rehab here I think I'd just be in a bed somewhere. Brightwater did a lot of good things for me. This place is awesome... I've got a lot out of it.

**Matt, Oats Street graduate**

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# Supported Independent Living

**Home is where the heart is. But if your place isn't set up to suit, it's hard to love where you live.**

We offer accommodation that lets you live as independently as possible, with extra support for day-to-day life. We're always on hand to help out, including one-on-one assistance whenever required.



All of our houses are fully equipped and accessible, close to the essentials and shared by three or more people, each with their own personalised room.

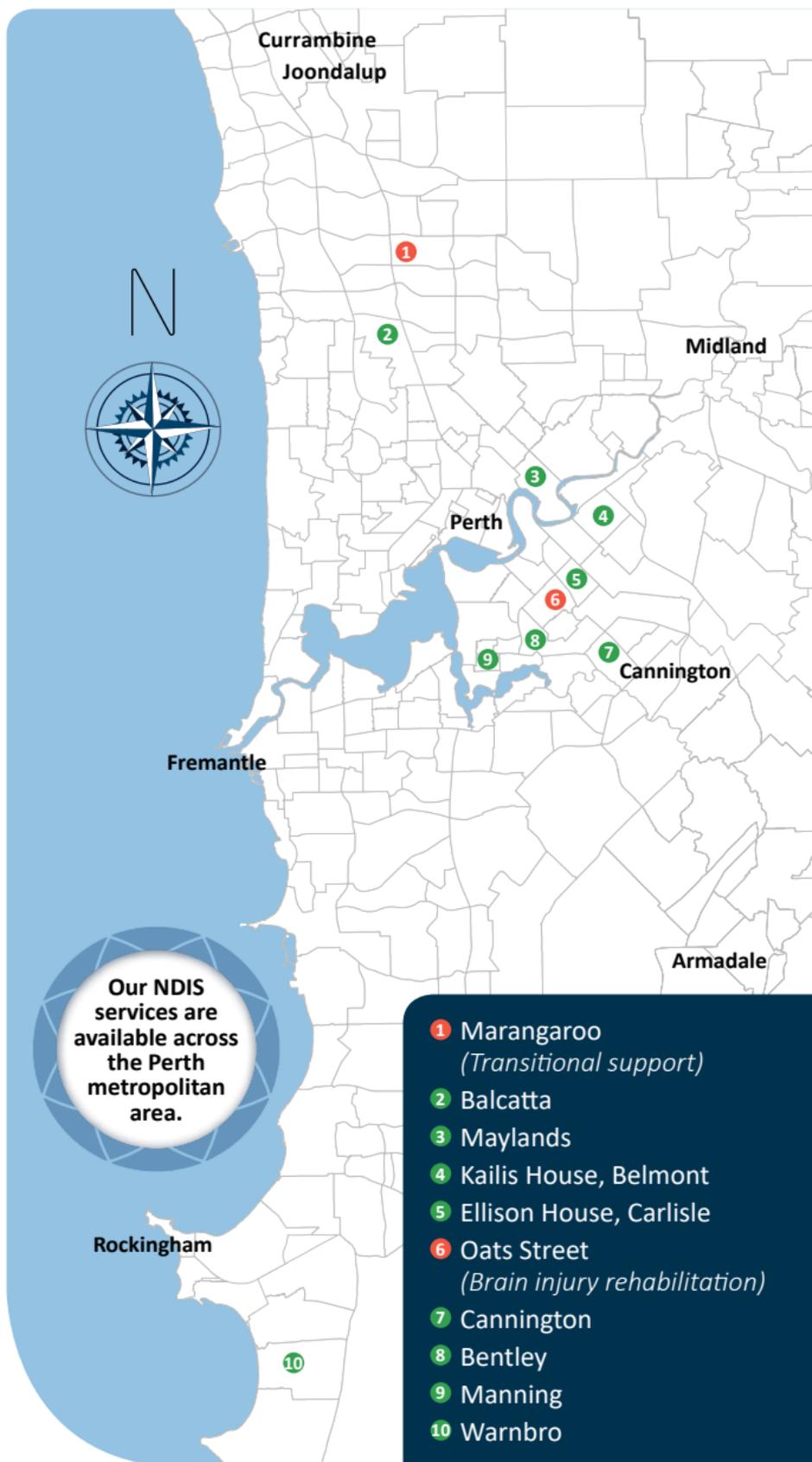
***We have 6 community houses for adults with acquired brain injury:***

- Balcatta
- Bentley
- Cannington
- Manning
- Maylands
- Warnbro

***Plus 2 specialised houses for adults with Huntington's disease:***

- Kailis House, Belmont
- Ellison House, Carlisle

# Our locations

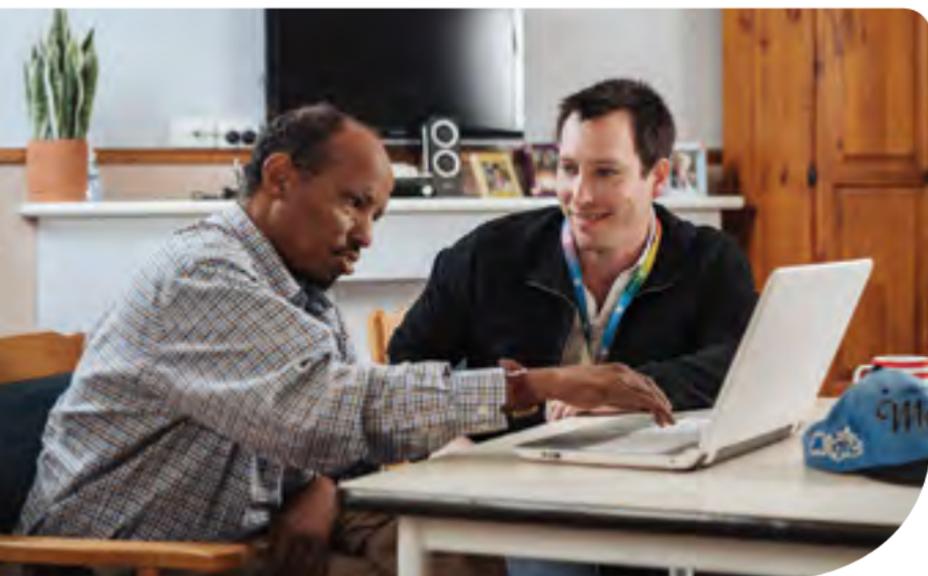


Visit [ndis.gov.au](https://www.ndis.gov.au) to find out when the NDIS rolls out in your area

# Transitional Support

**The hospital is no place to call home. If you have an acquired disability, finding suitable accommodation after a hospital stay can be challenging.**

We offer a temporary live-in program in Marangaroo that helps you bridge the gap between hospital and home, providing all the support you need while you look for something permanent.



***To be eligible, you will need to be:***

- Referred by a Perth metropolitan public hospital
- Medically and psychologically stable
- Eligible for funding through the NDIS, the Insurance Commission of WA or self-funded

Eligibility is subject to an assessment. Working with you and the hospital, we'll carefully assess your situation to make sure we can support your needs. Talk to hospital staff if this option sounds right for you.

“

What I've found really helpful is the way Brightwater worked with me to identify my aspirations and translate them into goals.

Kylie, Brightwater client

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# Prepare

## for the possibilities

At Brightwater, we turn dreams into goals. Step by step, we'll support you along the road to reaching your potential, so you can live your best life now and in the future.

To find out how we can help you, get in touch – we're only a phone call away.

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**W** [brightwatergroup.com](http://brightwatergroup.com)



## Brightwater

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At Home | Residential | Disability | Retirement