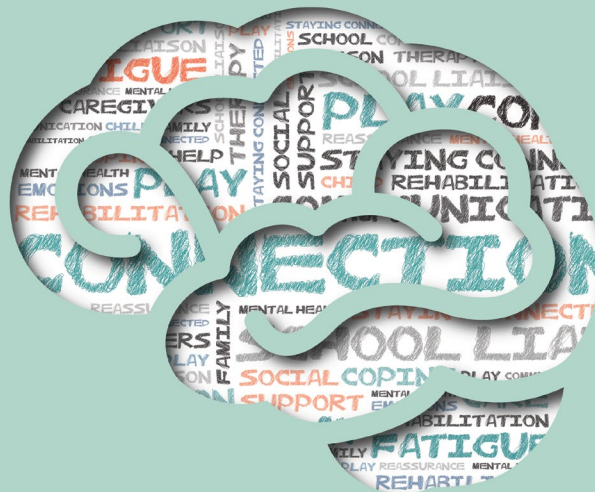


RESOURCES

for children, adolescents and young adults with a parent who has a brain injury



Recommended resources for children, adolescents and young adults impacted by a parent with a brain injury (as of January 2022)

- References for the resources are included on page 3
- The resources recommended here are subject to changes with future reviews of resources

Resources for Acquired Brain Injury

AGE – 0 TO 7 YEARS	Resource Title	Resource Source
For parents, carers, and professionals	Helping children and adolescents when a parent has a brain injury: A guide for parents, caregivers and professionals	Brightwater website download
	Supporting children when a parent has had a brain injury	Website download
	School advocacy guide	Brightwater website download
	I know a child who has a family member with an ABI	Website download
	Children of a parent with brain injury	Website
	Communicating with children about parental injury	Website download
Core resources for children	The get around	Brightwater publication
	The amazing brain. An activity book for a young scientist who loves someone with a brain injury	Brightwater publication
	The brain (for 5–8-year-olds)	Interactive website
	Find out about feelings	Available from bookstores
Additional resources for children	Audrey’s Dad [Relating to bereavement]	Available from author
	The invisible string [Relating to anxiety and bereavement]	Available from bookstores
	The invisible string workbook [Relating to anxiety and bereavement]	Available from bookstores
	I know you won’t forget	Website download

Resources for Acquired Brain Injury

AGE – 8 TO 13 YEARS	Resource Title	Resource Source
For parents, carers, and professionals	Helping children and adolescents when a parent has a brain injury: A guide for parents, caregivers and professionals	Brightwater website download
	School advocacy guide	Brightwater website download
	The brain and brain injury	Website download
	Supporting children when a parent has had a brain injury	Website download
	Headway Ireland	Website
	SYNAPSE	Website
	I know a child who has a family member with an ABI	Website download
	Children of a parent with brain injury	Website
	Communicating with children about parental injury	Website download
Core resources for children	Ground control	Brightwater publication
	A kid's guide to brain injury	Website download
	Interactive brain	Interactive website
	My first book about the brain	Available from bookstores
Additional resources for children	Hey warrior! A book for kids about anxiety [Relating to anxiety]	Available from bookstores
	Rachel's brain game	Website
	Why did it have to happen on a school day?	Website
	Our Daddy is invincible!	Website
	My Dad makes the best boats	Available from bookstores
	My Mum makes the best cakes	Available from bookstores
	My Father's words [Relating to bereavement]	Available from bookstores

Resources for Acquired Brain Injury

AGE – 14 TO 23 YEARS	Resource Title	Resource Source
For parents, carers, and professionals	Helping children and adolescents when a parent has a brain injury: A guide for parents, caregivers and professionals	Brightwater website download
	The brain and brain Injury	Website download
	School advocacy guide	Brightwater website download
For young people	Journey through the brain: A colouring book	Website download
	Interactive brain	Interactive website
	A teen's guide to brain injury	Website download
	Crashing down	Available from bookstores

References

Resource Title	Resource Reference
<i>A kid's guide to brain Injury</i>	Headway Ireland (2016). <i>A kid's guide to brain injury</i> . https://headway.ie/wp-content/uploads/2016/11/a_kids_guide_to_brain_injury_2-1.pdf
<i>A teen's guide to brain injury</i>	Headway Ireland (2016). <i>A teen's guide to brain injury</i> . https://headway.ie/wp-content/uploads/2016/11/a_teens_guide_to_brain_injury_1.pdf
<i>Audrey's Dad</i>	Muthukumaraswamy, J. (2019). <i>Audrey's Dad</i> . Picton Press.
<i>Children of a parent with brain injury</i>	Brain Injury Explanation (n.d.). <i>Children of a parent with brain injury</i> . https://www.braininjury-explanation.com/life-with-brain-injury/consequences-for-the-family/children-of-a-parent-with-brain-injury
<i>Communicating with children about parental injury</i>	Center for the Study of Traumatic Stress. (n.d.). <i>Communicating with children about parental injury</i> . https://www.courage2talk.org/documents/1_Fam_R4R_Communic_children.pdf
<i>Crashing down</i>	McCaffrey, K. (2014). <i>Crashing down</i> . Fremantle Press.
<i>Find out about feelings</i>	Pat-a-cake. (2019). <i>Find out about feelings</i> . Hachette Children's Books.
<i>Ground control</i>	Bett, R., & Ohan, J. (2021). <i>Ground control</i> . Brightwater Care Group.
<i>Headway brain injury services & support</i>	Headway Ireland. (2016). <i>Headway brain injury services & support</i> . https://headway.ie/
<i>Helping children and adolescents when a parent has a brain injury</i>	Bett, R., & Ohan, J. (2022). <i>Helping children and adolescents when a parent has a brain injury: A guide for parents, caregivers and professionals</i> . Brightwater Care Group.
<i>Hey, warrior! A book for kids about anxiety.</i>	Young, K. (2017). <i>Hey, warrior! A book for kids about anxiety</i> . Hey Sigmund.
<i>I know a child who has a family member with an ABI</i>	Acquired Brain Injury Outreach Service. (2021). <i>I know a child who has a family member with an ABI</i> . https://www.health.qld.gov.au/__data/assets/pdf_file/0028/436915/sf_parent_abi.pdf
<i>I know you won't forget</i>	Truly Blessed Ink. (2007). <i>I know you won't forget</i> . Square Circle Press LLC.

Resource Title	Resource Reference
<i>Interactive brain</i>	Brainline. (2021). <i>Interactive brain</i> . https://www.brainline.org/tbi-basics/interactive-brain
<i>Journey through the brain: A colouring book</i>	Cotter, D., Lopez, L., Kelleher, E., Coughlan, H., & Cannon, M. (2016). <i>Journey through the brain: A colouring book</i> . Royal College of Surgeons Ireland. http://repository.rcsi.com/articles/book/Journey_through_the_Brain/
<i>My Dad makes the best boats</i>	Johnson, J. (2017). <i>My Dad makes the best boats</i> . Routledge.
<i>My Father's words</i>	McLachlan, P. (2020). <i>My father's words</i> . Harper Collins Publishers.
<i>My first book about the brain</i>	Silver, D. M., & Wayne, P. J. (2013). <i>My first book about the brain</i> . Dover Publications Inc.
<i>My Mum makes the best cakes</i>	Johnson, J. (2017). <i>My Mum makes the best cakes</i> . Routledge.
<i>Our Daddy is invincible!</i>	Maxwell, S. (2010). <i>Our Daddy is invincible!</i> 4th Division Press.
<i>Rachel's brain game</i>	Weisbarth, R., McAtee, J., & Sloan, W. (2009). <i>Rachel's brain game</i> . Brain Injury Association of America.
<i>School advocacy guide</i>	Ohan, J. (2022). <i>School advocacy guide</i> . Brightwater Care Group.
<i>Supporting children when a parent has had a brain injury</i>	Ahmad, T., & Johnson, J. (2016). <i>Supporting children when a parent has had a brain injury</i> . Headway UK. https://www.headway.org.uk/media/4311/supporting-children-when-a-parent-has-had-a-brain-injury-e-booklet.pdf
SYNAPSE	SYNAPSE. (n.d.) <i>SYNAPSE Australia's brain injury organisation</i> . https://synapse.org.au/
<i>The amazing brain</i>	Bett, R. & Ohan, J. (2021). <i>The amazing brain</i> . Brightwater Care Group.
<i>The brain and brain injury</i>	Headway Ireland. (2019). <i>The brain and brain injury</i> . https://headway.ie/wp-content/uploads/2016/11/The-Brain-and-Brain-Injury.pdf
<i>The brain (for 5–8-year-olds)</i> .	Dementia Australia. (2016). <i>The brain (for 5–8-year-olds)</i> . https://dementiainmyfamily.org.au/age-5-8/the-brain/
<i>The get around</i>	Bett, R., & Ohan, J. (2021). <i>The get around</i> . Brightwater Care Group.
<i>The invisible string</i>	Karst, P. (2000). <i>The invisible string</i> . Hachette Children's Books.
<i>The invisible string workbook</i>	Karst, P. (2019). <i>The invisible string workbook: Creative activities to comfort, calm and connect</i> . Hachette Children's Books.
<i>Why did it have to happen on a school day? My family's experience with brain injury</i>	Brain Injury Association of Maryland. (1995). <i>Why did it have to happen on a school day? My family's experience with brain injury</i> . Brain Injury Association Inc.